



LOVE The most beautiful
Inspiration in the world.
You make time for it. You work
with love. You nurture people with
love. There is one other person
who needs your love too.
And That's...**YOU**



3 deep love experiences, crafted for you



Nuthan Manohar
Wellness Whisperer



Bas Hokke
Skin Sage

It's Time To
LOVE YOU

Feb 14 - 18
Amsterdam

1 GENTLE HEALING
TOUCH THERAPY

2 DEEP SELF LOVE
COACHING & HEALING

3 BESPOKE PRECIOUS
NATURAL PERFUME

Ask Yourself when was the last time you truly loved every part of you, both the gorgeous and brilliant portions as well as the slightly flawed bits?

Me Met Me is here to rekindle that self-love. Through our three deep-love experiences, we nurture and empower you, helping you fall in love with yourself once again.



1 GENTLE HEALING TOUCH THERAPY

2 DEEP SELF LOVE COACHING & HEALING

3 BESPOKE PRECIOUS NATURAL PERFUME



Nathan The Wellness Whisperer, a two-time TEDx Speaker, MSc. Yoga, has guided thousands globally to become resilient to stress, find happiness and sleep deeply. She is an internationally published researcher and a celebrated ayurvedic perfumer.

Bas The Skin Sage, is a massage and aesthetics expert with 20 years of expertise that includes Estée Lauder, L'Oreal etc. He is also a certified life coach and a model with a healing touch.

CLICK TO
CONNECT



1

GENTLE HEALING TOUCH THERAPY

Bas will guide you into tranquillity with his tender healing touch and affirmations. **30 Mins**



Nuthan - Wellness Whisperer
Two Time TEDx Speaker | MSc.Yoga
Ayurvedic Perfumer | Published Researcher

Bas - Skin Sage
20+ Years in Massage & Aesthetics |
Estee Lauder, Loreal etc.| Life Coach

2

BESPOKE PRECIOUS NATURAL PERFUME

Nuthan will craft a personalised perfume, to deepen self-love, healing emotional wounds. **30 Mins**



3

DEEP SELF LOVE COACHING & HEALING

Using Ancient Vedic Wisdom
Hypnotherapy and Neuroscience,
relearn to love yourself the way
you deserve to be loved. **30 Mins**

Deep love experiences crafted for you
with Nuthan & Bas

INCLUDES
30 Min Free Discovery
Vegan Treats & Herbal Tea
Personalised Digital Self Love Kit
Sessions in English

Prior Booking Needed



Feb 14-18 Rustenburgerstraat 296
AMSTERDAM

10% DISCOUNT **+31 6 2210 6280**
Early Bird Price

€ 279 (31st Jan)
90 + 30 Mins

Intimate journey of self-love
tailored to your needs.
FREE DISCOVERY CALL

3 deep love experiences
crafted for you

with Nuthan & Bas

LIMITED SLOTS
PRIOR BOOKING IS ESSENTIAL



+31 6 22106280



Feb 14-18



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Rustenburgstraat 296,
AMSTERDAM

WE OFFER YOU

- Start with a 30-minute online chat to tailor our approach to you.
- At our healing sanctuary in Amsterdam, dive into a 90-minute journey in three enriching parts.
- You start with 30 minutes of gentle touch therapy and affirmations with Bas.
- Then, engage in transformative Self Love Coaching with Nuthan.
- Conclude with Nuthan crafting a precious natural perfume based on your body type & personality. The perfume is a blend of exquisite oils from Robertet Grasse and Synthite, enhancing your self-love.
- Savour herbal tea and vegan treats.
- Get a digital self love workbook that includes a self love ritual designed *just for you.*

LOCATION IMAGES

